

I Got Better

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Ashley Rose (USA) - May 2025

Music: I Got Better - Morgan Wallen



Intro: 32 Counts

[1-8] Modified Rhumba Box

- 1 - 2 Step R to right side, step L next to R
- 3 - 4 Step forward on R, touch L next to R
- 5 - 6 Step L to left side, step R next to L
- 7 - 8 Step L forward, brush R next to L

[9-16] Grapevine right and Grapevine 1/4 left

- 1-2-3-4 Step R to right side, step L behind R, step R to side, brush L
- 5-6-7-8 Step L to left side, step R behind L, step L with ¼ turn left, brush R next to L

[17-24] K step

- 1, 2, 3, 4 Step R forward to R diagonal, Touch L next to R, Step L back to L diagonal, Touch R next to L
- 5, 6, 7, 8 Step R back to R diagonal, Touch L next to R, Step L forward to L diagonal, Touch R next to L

[25-32] Stomp hold x2, Hip shakes

- 1 - 2 Stomp R, hold
- 3 - 4 Stomp L, hold
- 5 - 8 Hip shake or roll R,L,R,L

*** feel the music and shake your hips however you want, as long as weight ends on your L to restart the dance :)**

No Tags No Restarts. Enjoy!

Note from Choreographer- Many of us found healing through dancing; literally, trauma is processed out of our bodies through movement! So have fun with this one and shake hard parts of your story right out through those hips! Because of line dancing and this community, "I Got Better"! Much love!

Last Update: 29 Jul 2025